

Resident Directed Life

Each resident chooses the rhythm of his or her daily life, and the rituals and pleasures that are a part of it. They get up as they wish, eat when and what they want, bathe when and how they prefer, participate in personal and household activities as they choose, host their family, friends and neighbors as they desire, and go outdoors as they please on grounds designed with their safety in mind. Residents partner with their physician and the clinical leader in their household to actively engage and participate in all decisions regarding their care.

Organizational Structure and Staffing Supporting Quality of Care

The organization is structured around the households, which are centered around the residents. The households practice shared leadership, team-decision making and team scheduling, and are deeply committed to high involvement of residents, families and staff. Each household shapes itself to respond to the needs and direction of the residents who live within; consequently each house exercises uniqueness in its rituals, celebrations and daily life pursuits, creating a neighborhood of distinctive homes.

Organization-wide leadership bears resources to the households to assure their success. Staff are permanently assigned to a household and work within a self-led team. They create the household climate, contribute their unique skills and talents, and grow in a planned and focused way toward deep resident responsiveness, interpersonal sensitivity and leadership. Each household is led by a team that balances quality of care with quality of life through the roles of clinical nurse leader and household coordinator. Staff are versatile in their work rather than universal. This means that rather than everyone learning to cook, clean and provide personal cares and activities, each person grows and develops their talents, skills and certifications so that the team can serve the residents with the best service at any point of need.

Vibrant Living

The Household Model honors a wellness approach that shapes endless potential for individual interests, recreation and enjoyment. This unique model encourages residents to continue to define who they are through meaningful and purposeful engagement, and brings the continuous flow of resources that support choice, pleasure and accessibility. Spiritual, intellectual, physical, social and intellectual pursuits are defined by the application of the individual's energies, appetites, beliefs and attitudes. Therapists, coaches, mentors, teachers and trainers are available for individual engagement as needed.

The Kitchen is the Heart of the Home

Dining returns to normal for people who live in the Household Model. Residents decide what they want to eat, where and when they want to eat, and who they want to eat with, just as they have always done. Household dining offers everyone -

- A pleasant social dining experience, private dining when preferred
- Access to food and drink of choice
- Choice of mealtime, food and quantity of food
- Opportunities to participate in meal planning, food preparation or cleanup activities.
- Ability to host others in the household or a private dining area

Architecture

Households are defined as a space that is home. In the US, that typically implies a kitchen, pantry, dining rooms, living room, den, family room, outdoor spaces (patio, porch, yard), and can include spaces such as a mud room, work or hobby room, and areas for exercise, games and recreation. The design of the Household Model typically includes:

- Landscape and face of the home, with residential design, in keeping with the neighborhood.
- Respect for the zones of privacy: the semi-public entry hall to the house is only accessible through the front door by ringing the doorbell. Once invited in, you may be welcomed into the semi-private spaces: the household center of living room, dining room, kitchen. A resident may choose to invite you through the semi-private hallway to his private apartment or bedroom.
- The house is designed to look and feel normal. Spaces are family sized and comfortable.
- Private rooms and/or suites with private bathrooms.
- Spa and amenities of personal choice.
- Easy and comfortable access to the outdoors, through front doors, patios, front and back porches, garages, and mudrooms.

Technology

- Wireless call system
- Electronic medical records
- Wireless communication between house leaders and caregivers
- Internet access for residents, with technologies that enhance communication with families and friends.