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Culture Change in Practice

Summer Vacation



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Now is about the time to start thinking about a summer vacation - really, as far as I'm concerned, the best of all vacations, It is all about enjoying ourselves and breaking with routine. Some folks head to a nearby lake or park for some camping, others drive cross country visiting historical sites still others visit relatives. Point is, the summer vacation is an icon of American life. Is it all but forgotten in nursing homes?! Do a learning circle on vacations with residents. Share stories of favorite vacations or even those that were a disaster at the time but have remained dear at heart. How can you celebrate the great summer vacation with residents? Plan a vacation, or at least some site seeing with your residents. Some residents may have lived in your town for years and have some favorite sites. Still, others may be new to the area and wanting to explore. Some folks from Meadowlark Hills took an overnight camping trip complete with s'mores, campfire and

stories. Find out what the residents find enjoyable or relaxing and figure out together with your team how you can capture the summer vacation magic with them. If you can get your hands on a video recorder, be sure to take movies to watch and revisit then fun at a later date.

"Culture Change in Practice" is our own weblog where people can become involved in a conversation about Culture Change as it is practiced by professionals in real nursing homes. Feel free to join the conversation, or post a comment about something you have learned on your journey.

www.culturechangenow.com/weblog.html

